Gabby's Fitting Series - Measurement Guide

www.starislandxo.com

Name / Project:	Height:
Date Measured:	Bra Cup:
Time:	Bra Band:
	Undergarments:

Msmt	Right	Left		Msmt	Right	Left
			Total Rise (Waist to Waist):			
			Total Inseam (Crotch to Ankle):			
			Crotch Point to Thigh:			
			Thigh Circumference:			
			Crotch Point to Knee:			
			Knee Circumference:			
			Crotch Point to Calf:			
			Calf Circumference:			
			Ankle Circumference:			
			Optional / Numbers that work for me:			
			Shoulder Slope:			
			Neck Circumference:			
			Total Torso:			
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Date Measured:	Bra Cup:
Time:	Bra Band:
	Undergarments:

	Msmt	Right	Left		Msmt	Right	Left
Across Shoulder:				Total Rise (Waist to Waist):			
Across Chest:				Total Inseam (Crotch to Ankle):			
Across Back:				Crotch Point to Thigh:			
Armhole Depth from HPS:				Thigh Circumference:			
Sleeve Length CBN:				Crotch Point to Knee:			
Bicep Circumference:				Knee Circumference:			
Elbow Placement from CBN:				Crotch Point to Calf:			
Elbow Circumference:				Calf Circumference:			
Wrist Circumference:				Ankle Circumference:			
High Bust Circumference:				Optional / Numbers that work for me:			
Total Bust Circumference:				Shoulder Slope:			
Front Bust:				Neck Circumference:			
Back Bust:				Total Torso:			
Halter (Apex to Apex):							
Breast Apex from HPS:							
Breast Apex to Apex:							
Underbust Circumference:							
Natural Waist Circumference:							
Natural Waist Placement from HPS:							
Natural Waist Placement from CF Neck:							
Natural Waist Placement from CB Neck:							
Sizes 0 - 18							
High Hip Circumference 10 cm down:							
Low Hip Circumference 20.5 cm down:							
Sizes 20 & up							
High Hip Circumference 12.5 cm down:							* //s
Low Hip Circumference 23 cm down:							A R